

• Field Physiology of aging and exercise prescription

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■ Name Yoo, Shin-hwan

Title Assistant professor

• Office Hallym Sports Center 18217

•Tel 033-248-2268

•email shyoo@hallym.ac.kr

## | Educational background

 $2000 \sim 2004$  Korea University (Doctor of Science – The Department of Physical Education)

1996 ~ 1998 Hallym University (Master of Physical Education – The Department of Physical Education)

1986 ~ 1994 Hallym University (Bachelor of Physical Education – The Department of Physical Education)

## Major careers

Present member of the Steering Committee, the Gangwon-do Ice Hockey Association

Present member of the Judging Panel for Thesis, the Korean Society of Sport and Leisure Studies

Former Member of the On-Site Evaluation Committee of the Korea Paralympic Committee

Director of the Coaching Development Center Chuncheon Branch